

Career Planning

OBJECTIVE / RATIONALE

For career satisfaction it is crucial to match individual personality types with employment opportunities. The student will research a health care career with consideration of the personal characteristics of health care workers from the perspective of the client, the placement of that career within the organizational structure of the hospital and utilize technology to access, process, and retrieve the information.

TEKS 121.2 (c) 3, 6A, 8A

TAKS ELA 1, 3, 4

KEY POINTS

- I. Each person needs, seeks and desires different things from a job.
- II. Approximately $\frac{1}{3}$ – $\frac{1}{2}$ of a person's life is spent working so a job should meet as many of a person's needs as possible.
- III. Career interest inventory tools look at individual strengths and weaknesses and suggests areas of interest and ability.(available from school counselors or Career and Technology counselors).
- IV. Health care careers are frequently categorized in four main systems
 - A. Therapeutic
 - B. Diagnostic
 - C. Informational
 - D. Environmental

Organizational Structure of a Hospital
- V. Major career pathways in Health Care
 - A. Laboratory Science Health Careers
 - B. Imaging Health Careers
 - C. Nursing Health Careers
 - D. Medical Health Careers
 - E. Dental Health Careers
 - F. Animal Health Careers
 - G. Community and Social Health Careers
 - H. Mental Health Careers
 - I. Rehabilitative Health Careers
 - J. Emergency Health Careers
 - K. Information and Administrative Health Careers
 - L. Environmental Health Careers
 - M. Biotechnology and Research Health Careers
- VI. Desirable Qualities of a Health Care Workers
 - A. Believes in the importance of health care
 - B. Gets along well with others, co-workers as well as patients
 - C. Enjoys working with other people
 - D. Caring
 - E. Sympathetic

- F. Kind
- G. Tactful
- H. Listens to others
- I. Dependable
- J. Honest
- K. Adaptable
- L. Willing to Learn
- M. Cares for one's own health
- N. Neat appearance
- O. Clean body and clothing
- P. Accurate
- Q. Considerate
- R. Follows rules and instructions
- S. Helpful
- T. Gracious
- U. Polite
- V. Communicates well
- W. Controls temper
- X. Able to manage stress
- Y. organized
- VII. Career Search Resources
 - A. newspaper
 - B. employment agencies
 - C. friends
 - D. teachers
 - E. counselors
 - F. professional journals
 - G. job postings
 - H. library
 - I. internet

Teacher note: Two elements that help in making career decisions: knowing yourself and using good decision making skills.

ACTIVITIES

- I. Complete the **career interest inventory**.
- II. Report on how this survey can be used to aid in choosing a career.
- III. Complete the **Where Do I Fit Activity**. (See **Teacher Guidelines**)

MATERIALS / RESOURCES

Any source(s) of career exploration; **career resources**; **career interest inventory**

ASSESSMENT

Completion of career interest inventory; writing rubric

ACCOMODATIONS

For reinforcement, students will develop a collage of health care careers.

For enrichment, students will interview a health care worker from a field in the “Where Do I Fit” Activity.

REFLECTIONS

TEACHER GUIDELINES FOR “WHERE DO I FIT?”

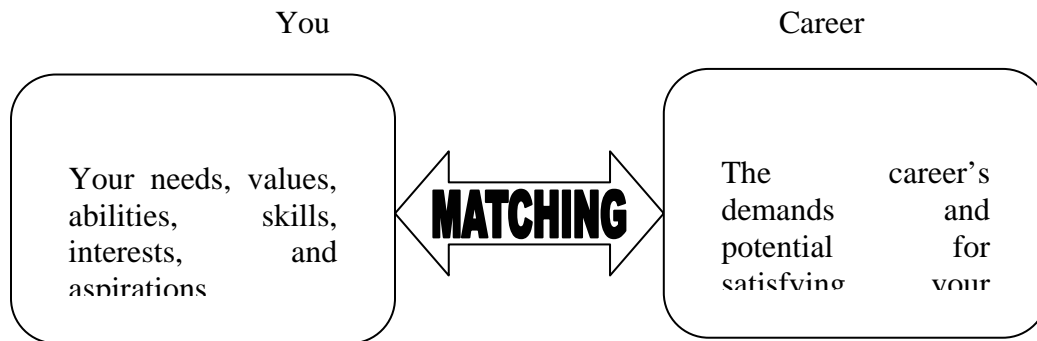
1. Divide the class into as many groups as there are professions/professionals.
2. Have the students research that profession using H.O.T. Jobs, the Internet, and/or textbooks and record the findings on the Student Worksheet for “Where Do I Fit?”.
3. While the students are researching their professions, take a large wide sheet of paper (such as butcher paper) and tape it at the front of the classroom. Draw the outline of a large hospital complex at the center. Draw some smaller buildings around the hospital for clinics, offices, drug stores, etc.
4. Students present their findings, starting with the professions that are already somewhat familiar to all (e.g. physicians, nurses, dentists, CNAs, etc.)
5. As the students are presenting their findings, the instructor should take notes on the paper mounted on the wall, placing the professional’s title and notes about the profession in the area(s) where they work (i.e. doctors in the hospital, clinics, offices, etc.)
6. Suggested list of professions to be researched
 - a. Primary Physicians – Family practitioners, Internists
 - b. Physician Specialists
 - c. Dentists
 - d. Nurses – RN, ADN, LVN
 - e. Dental Hygienists/Dental Technicians
 - f. Certified Medical Assistants/Certified Nursing Assistants
 - g. Lab Technologists/Technicians
 - h. Radiologists/Radiology Technicians
 - i. Physical Therapists/PT Aides
 - j. Respiratory Therapists
 - k. Sonographers – Ultrasound specialists, Echocardiogram Tech
 - l. MRI Technicians
 - m. EKG Technicians/EEG Technicians
 - n. Occupational Therapists
 - o. Occupational Therapists
 - p. Speech Pathologists
 - q. Audiologists

Student Guidelines “Where Do I Fit?”

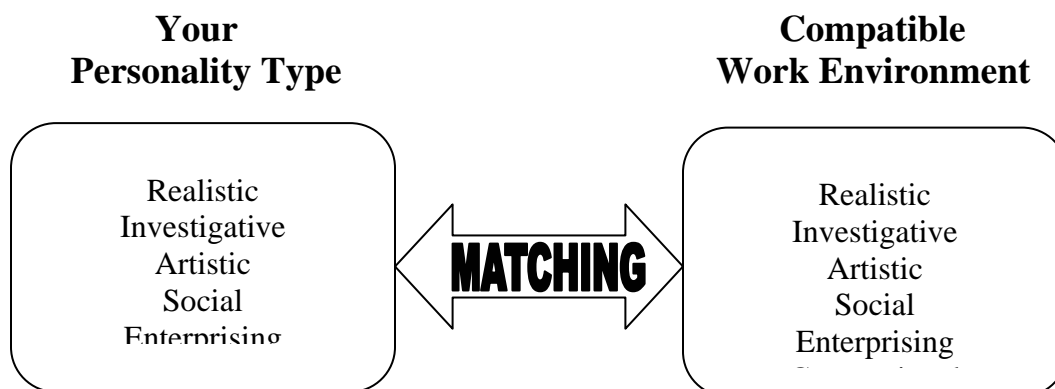
1. Using your H.O.T. Jobs Book, the Internet, and/or textbooks, investigate your assigned profession.
2. Answer the following questions about your assigned profession/professional person:
 - a. What are the specific responsibilities of this profession?
 - b. Where does your professional person most often work? (Hospitals, clinics, etc.)
 - c. Can these professionals work independently in their jobs or are they supervised by another/other professions/professionals?
 - d. If this professional’s role was no longer a part of the health care field, what impact might that have on health care delivery?
 - e. Are these professionals most influential in the acute aspect of health care delivery, the rehabilitative phase, or both?
 - f. What are some of the essential tools and machines used by these professionals?
 - g. What is the education required for this profession?
 - h. What is the salary range?

Career Interest Inventory

Choosing a career is a matching process. Simply match your needs with the career that best fits them. The Career Interest Inventory assists you in this matching process. It will show you how to identify the healthcare careers most likely to satisfy you.



People can be grouped into six personality types. They are realistic, investigative, artistic, social, enterprising, and conventional. Healthcare careers can be grouped the same way. If you know what personality type you are most like, you can match it with a career found within that group.



Turn to page 2 and begin. Good luck!

How Do You See Yourself?

Read each statement below and decide how much it describes you. If the statement is very true of you, write a “2” on the line next to it. If the statement is mostly true of you, write in a “1.” If the statement does not describe you, write in a “0.”

R

- I like to work with animals, tools, or machines.
- Compared to others my age, I have good skills working with tools, mechanical drawings, machines, or animals.
- I am athletic, play a sport, and like to be physically active.
- I value practical things you can see or touch like plants and animals you can grow, or things you can build or make better.
- I love nature and like to work outdoors; my hobbies include landscaping and growing plants/flowers.
- I am practical, mechanical, and realistic.

I

- I like to study and solve math or science problems.
- I am good at understanding and solving science and math problems, compared to others my age.
- I enjoy crossword puzzles and board games.
- I value science and understand scientific theories.
- I am interested in preserving endangered species.
- I am precise, scientific, and intellectual.

A

- I like to do creative activities like art, drama, crafts, dance, music, or creative writing.
- Compared to others my age, I have good artistic abilities – in creative writing, drama, crafts, music, or art.
- I value the creative arts – like drama, music, art, or the works of creative writers.
- I am artistic, imaginative, original, impulsive, and independent.
- I like to work on crafts and take photographs.
- I can play a musical instrument and enjoy performing in front of people.

S

- I like to do things where I can help people: like teaching, first aid, or giving information.
- Compared to persons my age, I am good at teaching, counseling, nursing, or giving information.
- I express myself clearly and can lead a group discussion.
- I like to do volunteer work and religious activities.
- I value helping people and solving social problems.
- I am helpful, friendly, and trustworthy.

E

- I like to lead and persuade people, and to sell things or ideas.
- Compared to persons my age, I am good at leading people and selling things or ideas.
- I would like to start my own business and meet important people.
- I value success in politics, leadership, or business.
- I enjoy watching the stock market and reading business journals.
- I am energetic, self-confident, ambitious, and sociable.

C

- I keep accurate records and like to be responsible for details.
- I like to work with numbers, records, or machines in a set, orderly way.
- Compared to persons my age, I am good at working with written records and numbers in a systematic, orderly way.
- My hobbies include writing family history and genealogy.
- I value success in business and can write effective business letters..
- I am orderly and work well within a system.

Now add the number of points you have for each category. Write the sum on **Line 1** on the next page.

Appealing Occupations

For the careers listed below, write a “2” next to those that definitely interest or attract you in some way. Write a “1” for those that might interest you. Write in a “0” for any that you are undecided about, does not sound interesting, or that you would dislike.

- | | |
|---------------------------|-------------------------------------|
| Anesthesiologist-I | Architect-A |
| Clinical Psychologist-S | Computer Operator-C |
| Dental Assistant-R | Dentist-I |
| Director, Food Services-E | Emergency Medical Technician-S |
| EMS Dispatcher-C | Engineering-Tool/Equip Designer-R |
| Firefighter-R | Hosp Administrator/Office Manager-E |
| Interpreter/Translator-E | Medical Illustrator-A |
| Medical Secretary-C | Nurse/Midwife/Nurse Aide-S |
| Photographer-A | Physician, General Practice-I |

To the right of each career title you see a letter. Carefully add the number of points that you have for the seven personality types and write that sum in the space below on **Line 2**.

Now, add **Lines 1 and 2** and put your total answer on **Line 3** to get your score.

Line 1	R	I	A	S	E	C
	+					
Line 2	R	I	A	S	E	C
total						
Line 3	R	I	A	S	E	C

You will use your total scores on **Line 3** to make construct your career interest inventory answer key.

Realistic Careers – “The Do-ers”

Dental Assistant	Dental Laboratory Technician
Dental Technician	Firefighter
Optician	Orthodontic Technician
Practical Nurse	Safety Inspector

Investigative Careers – “The Thinkers”

Anesthesiologist	Audiologist
Biochemist	Biologist
Biomedical Engineer	Cardiologist
Chiropractor	Computer Programmer
Coroner/Forensic Medicine	Dentist
Food Technologist	Geneticist
Gynecologist	Hazardous Waste Technician
Internist	Medical Lab Technologist
Medical Technologist	Microbiologist
Neurologist	Nurse Practitioner
Obstetrician	Ophthalmologist
Optometrist	Pediatrician
Pharmacist	Pharmacologist
Physician, General Practice	Podiatrist
Psychiatrist	Psychologist
Radiologist	Speech Pathologist
Surgeon	Ultrasound Technologist
Urologist	Veterinarian

Artistic Careers – “The Creators”

Architect	Engineer Tool/Equipment Designer
Graphic Designer	Medical Illustrator
Photographer	Writer

Social Careers – “The Helpers”

Athletic Trainer	Clinical Psychologist
Counseling Psychologist	Counselor/Therapist
Dental Hygienist	Emergency Medical Technician
Medical Assistant	Medical Record Administrator
Midwife	Nurse
Nurse Aide	Nurse Instructor
Occupational Therapist	Physical Therapist
Physical Therapy Aide	Physician Assistant
Radiology Technician	Recreational Therapist
Respiratory Therapist	Speech Pathologist

Enterprising Careers – “The Persuaders”

Director, Food Services	Funeral Director
Hospital Administrator	Interpreter/Translator
Manager, Health Club	Office Manager
Public Health Educator	Public Relations Representative

Conventional Careers – “The Organizers”

Accountant

Dispatcher

Medical Records Technician

Computer Operator

Insurance Clerk

Medical Secretary