

# Texas Education Code

## Chapter 38

### Section 28.004 LOCAL SCHOOL HEALTH EDUCATION ADVISORY COUNCIL AND HEALTH EDUCATION INSTRUCTION.

- (a) The board of trustees of each school district shall establish a local school health education advisory council to assist the district in ensuring that local community values are reflected in the district's health education instruction.
- (b) A school district must consider the recommendations of the local school health education advisory council before changing the district's health education curriculum or instruction.
- (c) The local school health education advisory council's duties include recommending:
  - (1) the number of hours of instruction to be provided in health education;
  - (2) health education curriculum appropriate for specific grade levels that may include a coordinated health education program designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of:
    - (A) health education;
    - (B) physical education;
    - (C) nutritional services;
    - (D) parental involvement; and
    - (E) instruction to prevent the use of tobacco; and
  - (3) appropriate grade levels and methods of instruction for human sexuality instruction.
- (d) The board of trustees shall appoint members to the local school health education advisory council. A majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district. The board of trustees also may appoint one or more persons from each of the following groups or a representative from a group other than a group specified under this subsection:
  - (1) public school teachers;
  - (2) public school administrators;
  - (3) district students;
  - (4) health care professionals;
  - (5) the business community;

- (6) law enforcement;
  - (7) senior citizens;
  - (8) the clergy; and
  - (9) nonprofit health organizations.
- (e) Any course materials and instruction relating to human sexuality, sexually transmitted diseases, or human immunodeficiency virus or acquired immune deficiency syndrome shall be selected by the board of trustees with the advice of the local school health education advisory council and must:
- (1) present abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age;
  - (2) devote more attention to abstinence from sexual activity than to any other behavior;
  - (3) emphasize that abstinence from sexual activity, if used consistently and correctly, is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, infection with human immunodeficiency virus or acquired immune deficiency syndrome, and the emotional trauma associated with adolescent sexual activity;
  - (4) direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy, sexually transmitted diseases, and infection with human immunodeficiency virus or acquired immune deficiency syndrome; and
  - (5) teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates, if instruction on contraception and condoms is included in curriculum content.
- (f) A school district may not distribute condoms in connection with instruction relating to human sexuality.
- (g) A school district that provides human sexuality instruction may separate students according to sex for instructional purposes.
- (h) The board of trustees shall determine the specific content of the district's instruction in human sexuality, in accordance with Subsections (e), (f), and (g).
- (i) A school district shall notify a parent of each student enrolled in the district of:
- (1) the basic content of the district's human sexuality instruction to be provided to the student; and

- (2) the parent's right to remove the student from any part of the district's human sexuality instruction.
- (j) A school district shall make all curriculum materials used in the district's human sexuality instruction available for reasonable public inspection.