

LDRP

1. What is the normal heart rate of a fetus?
2. What medication is used to increase contractions?
3. Define the following:
 - para
 - gravid
 - effacement
 - crowning
4. What are Braxton-Hicks contractions?
5. Define/describe BOW.
6. What is an episiotomy?
7. Explain the APGAR scoring of the newborn, including the normal values.
8. What routine procedures are done to the newborn?
9. List the components of the newborn assessment.
10. Describe the stages of active labor.
11. Explain the purpose of the fundus checks.
12. What is the purpose of a sitz bath?
13. Define the different types of abortions:
 - therapeutic
 - spontaneous
 - complete
 - incomplete
 - threatened
14. What is the treatment for mastitis?
15. Describe the concept of “post partum blues”.
16. Define and describe thrombophlebitis.
17. What is a puerperal infection?

18. Describe the justification for a Cesarean birth.
19. Describe the reasons an amniocentesis might be recommended.
20. What is the recommended weight gain during pregnancy?