

**Diabetes Tx /
Education**

Student _____

Task Sheet

**Dates of
Rotation** _____

OBJECTIVES	OBSERVED	ASSISTED
1. Orientation to Diabetes services		
a. patient assessment		
b. emergency procedures		
2. Diet Therapy		
a. nutritional assessment		
b. instructions on ADA diets		
3. Exercise		
a. Individual exercise plan		
b. Precautions during / after exercise		
4. Medication Therapy		
a. instruction on oral agents – action, timing		
b. instruction on insulin administration – storage, action, timing		
c. special considerations		
5. Complications		
a. hyperglycemia		
b. hypoglycemia		
c. chronic complications		
6. Glucose Monitoring		
a. rationale for monitoring		
b. timing		
c. instructions on glucose meter		
7. Gestational Diabetes Mellitus management (GDM)		

a. consequences of hyperglycemia in GDM		
b. self management instructions		
8. Community Resources		
9. Other		

Mentor Signature

Date