

Student _____
Dates of Rotation _____

Nutrition and Diet Therapy Rotation Task Sheet

OBJECTIVES

OBSERVED/ASSISTED

- 1. Awareness of relation between food and health
 - a. body's use of nutrients
 - b. dietary guidelines through life stages
 - c. food customs

_____/_____
_____/_____
_____/_____

- 2. Management of dietary services
 - a. sanitary and safety rules
 - b. purchase of food
 - c. special equipment

_____/_____
_____/_____
_____/_____

- 3. Dietary services
 - a. plan menus
 - b. help patients select menus
 - c. distribution of foods

_____/_____
_____/_____
_____/_____

- 4. Special diets
 - a. nutritional assessment and therapy
 - b. diseases/disorders requiring intervention
 - c. patient education

_____/_____
_____/_____
_____/_____

- 5. Diet and weight control

- 6. Special Considerations
 - a. diabetes
 - b. cardiovascular disease
 - c. cancer, surgery, burns, infection

_____/_____
_____/_____
_____/_____

Mentor Signature

Date